

More Than Just a Number



Session 1 - Limitless: The Pathway to Freedom!

LIMITLESS - ∞

As you begin this Bible Study I want to ask you the question, "Are you allowing a number to define you?"

A number can help you meet a goal and be a healthy objective or can leave you feeling empty and _____. Perhaps the most important question is – Are you looking and trusting in the numbers that are _____ to God?

The theme verses for this study are *Isaiah 43:18-19*, *Forget the former things; do not dwell on the past. See I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland.*

The overarching purpose of this study is to provide a pathway of freedom over the numbers that so easily define us. I pray that the "number" you most readily identify with, will cease to rule and reign over your thoughts, attitudes, and _____.

The first number that I would like to propose matters to God and the first step on the pathway to freedom is ∞. Do you remember this number from math class? It is the symbol for **infinity**. It is the number that best describes the power of our _____ God.

The initial step towards victory over pesky identity defining numbers is to look up at the only One who has the authority to define us and recognize that His is a number that knows no bounds or limits.

When your _____ and your _____ are all over the map, you can claim **Isaiah 42:4-20**. You may feel like you are unravelling, and yet, God is always in _____. Then, in verse 9 God addresses the issue of our FOCUS. The Lord says, *See, the former things have taken place, and new things I declare; Before they spring into being I announce them to you. This is a call by God to not allow Satan to keep you in the _____.* **Cling to "and new things I declare."** Put your hope for the future in Him today!

Pathway to Freedom

$$\infty + 0 + 1 = \text{MTJAN}$$

SMALL GROUP DISCUSSION

1. As women, we are surrounded by numbers that can have a positive or negative influence on how we view ourselves. Share some examples of numbers women sometimes allow to define themselves.

2. Go around and share some words (positive or negative) women use to describe themselves. Can you relate to some of the words shared? Someone read aloud Ephesians 4:22-24. God has created us to be like Him in true righteousness and holiness. This week when the enemy tries to define you, remember you have been given a new self in Christ. Only He can define you.

3. What are some things that can hold women back from the freedom God gives? Why is it easy to dwell on the past and get stuck there rather than moving forward in freedom? Someone read aloud Isaiah 43:18-19. What are some things we can do to help remind us to move forward rather than stay stuck in the past?